

THE 7th INTERNATIONAL SCIENTIFIC CONFERENCE
**HEALTH.
PLEASANT SENSATION.
PRACTICE.**

April 4, 2024
P. STRADINS MEDICAL COLLEGE
OF THE UNIVERSITY OF LATVIA

PROGRAM

VENUE: P. Stradins Medical College of the University of Latvia,
Vidus prospekts 38, Jūrmala

9.00 – 9.45 **REGISTRATION**
(Building 1, hall)

1st PART OF THE CONFERENCE

9.45 – 10.00 **OPENING OF THE CONFERENCE**
(Building 1, hall)

10.00 – 10.20 **Irina Kalniņa – Dobrovoļska**
Doctor – biochemist, Latvia

PRESENTATION: Peptides and Growth Factors – injectable mesotherapy

10.20 – 10.40 **Madara Čipāne**
Doctor – cosmetologist, lecturer from International CIDESCO Riga School of Cosmetics, Latvia
PRESENTATION: Combinations of various cosmetology methods to achieve better results

10.40 – 11.10 **Andrea Eberhardt**
Medical massage therapist, specialized in the field of gynaecology and developer of the MANNEA method, Austria
PRESENTATION: Women's health

11.10 – 11.30 **Anna Jurgele**
Beautician and cosmetology instructor, Ltd. "Soneil Studio", Latvia
PRESENTATION: Combined anti-aging protocols using the latest Israeli apparatus technologies and biophysicist innovations

11.30 – 11.50 **Laura Janušonienė**
Lecturer, dean, Faculty of Biomedical Sciences, Panevėžis kolegija/State Higher Education Institution, Lithuania
PRESENTATION: SPA philosophy, 10 SPA elements

11.50 – 12.10 **Terēze Beļkova**
Ltd. "GMT Beauty Trade" leading methodologist, Latvia
PRESENTATION: Future perspective in cosmetology – neurocosmetics, new aspects in aesthetics in dermatology and beauty care

12.10 – 13.00 **LUNCH**

MASTER CLASSES FOR BEAUTICIANS**13.00 – 16.00 MASTER CLASSES FOR BEAUTICIANS**

(Building 1, hall)

I – Anna Jurgele*Beautician and cosmetology instructor, Ltd. "Soneil Studio", Latvia***Dace Kopko***Cosmetology instructor, Ltd. "Soneil studio", Latvia*MASTER CLASS: *Dr. Platon – cold plasma, Apollo Duet – electroporation+ iontophoresis and RF, Eve-Myostimulation, myorelaxation, hydrodermabrasion, diamond peeling***II – Irina Sapiego***Distributor of aesthetic cosmetology equipment from Italy and Spain, Lithuania***Inguta Grinberga***Certified cosmetologist, lecturer of the P. Stradins Medical College of the University of Latvia, director of study program "Aesthetic cosmetology", "Medical Massage" Latvia*MASTER CLASS: *Cryothermia***III – Terēze Beļkova***Ltd. "GMT Beauty Trade" leading methodologist, Latvia*MASTER CLASS: *GMT BEAUTY face procedures in anti-age therapy***IV – Rita Velika***Certified beautician in cosmetology, lecturer of the P. Stradins Medical College of the University of Latvia*PRESENTATION: *Application of LED light therapy in cosmetology***MASTER CLASSES FOR MASSAGE THERAPISTS****13.00 – 16.00 MASTER CLASSES FOR MASSAGE THERAPISTS**

(Building 6, Room 304)

I – Andrea Eberhardt*Medical massage therapist, specialized in the field of gynaecology and developer of the MANNEA method, Austria***Vineta Nehvjadoviča***Certified masseuse, lecturer of the P. Stradins Medical College of the University of Latvia, Latvia*MASTER CLASS: *MANNEA – holistic health method for women***II – Lilita Laizāne***Certified masseuse, Latvia*MASTER CLASS: *Hot stone effect in back massage***III – Inese Volrāte***Certified masseuse, Rehabilitation Clinic of Riga 1st Hospital, Latvia***Marija Livčāne-Rodzeviča***Certified masseuse, lecturer of the P. Stradins Medical College of the University of Latvia, Member of the Board of the Latvian Physical Medicine Association, Latvia*MASTER CLASS: *Massage chair options for massage practice***16.00 – 17.00 THE END OF THE CONFERENCE. CERTIFICATES ARE ISSUED.**

(Building 1, hall)

CONFERENCE IS SUPPORTED BY: